

	BE VIBRANT. BE YOU.				Solstice Senior Living at Apple Valley	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT APPLE VALLEY	Great call Device Check 9:30	9:30 Chair Exercise [AR] 10:00 Puzzle Table [MR] 11:30 Hallway Bingo (Second floor 233-261) [H] 2:30 Social Parade with all Staff [H] 2:45 Solstice Block Walk [AT] 4:00 Walking Round the community, Social Distancing [AT]	Marcia W. Birthday 9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 11:30 ♥ Hallway Bingo (Second floor 204-216) [H] 2:00 ♥ Daily Trivia 3:00 ● Tech Support with VLD [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]	9:30 Chair Exercise [AR] 10:00 Puzzle Table [MR] 11:00 Daily Packets, Books, Puzzles, To-Dos [H] 2:00 Hallway Bingo (First floor 150-157,133-136) [H] 2:45 Solstice Block Walk [AT] 3:00 Tech Support with VLD [AR] 4:00 Walking Round the community, Social Distancing [AT]	9:30 Chair Exercise [AR] 10:00 Green Garden [AR] 2:00 Hallway Bingo (First floor 101-132) [H] 3:00 Tech Support with VLD [AR] 4:00 Walking Round the community, Social Distancing [AT]	9:30 Chair Exercise [AR] 10:00 Green Garden [AR] 11:00 Daily Packets, Books, Puzzles, To-Dos [H] 2:30 Bible Verses [C] 3:00 One day Videos [AR] 4:00 Walking Round the community, Social Distancing [AT]
09:00 ★ Catholic Mass on TV (Channel 10) 11:00 ★ Bible Verses Drop off [H] 11:00 ◆ Daily Packets, Books, Puzzles, To-Dos [H] 1:00 ★ Poem Pass out [H] 2:45 ♥ Solstice Block Walk [AT]	Great call Device Check 9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 11:00 ♠ Daily Packets, Books, Puzzles, To-Dos [H] 11:00 ♠ Green Grower [AR] 2:00 ♠ Daily Packets, Books, Puzzles, To-Dos [H] 4:00 ♥ Walking Round the community, Social Distancing [AT]	9:30 Chair Exercise [AR] 10:00 Puzzle Table [MR] 11:30 Hallway Bingo (Second floor 233-261) [H] 2:30 Social Parade with all Staff [H] 2:45 Solstice Block Walk [AT] 4:00 Walking Round the community, Social Distancing [AT]	Berenice R. Birthday 9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 11:30 ♥ Hallway Bingo (Second floor 204-216) [H] 2:00 ♥ Daily Trivia 3:00 ● Tech Support with VLD [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]	Joy Rickli Birthday Julia Jones Birthday 9:30	9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 2:00 ♥ Hallway Bingo (First floor 101-132) [H] 3:00 ● Tech Support with VLD [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]	Bea Beckley Birthday 9:30
Lorraine Bishop Birthday 09:00 ★ Catholic Mass on TV (Channel 10) 11:00 ★ Bible Verses Drop off [H] 11:00 ◆ Daily Packets, Books, Puzzles, To-Dos [H] 1:00 ★ Poem Pass out [H] 2:45 ♡ Solstice Block Walk [AT]	Great call Device Check 9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 11:00 ♠ Daily Packets, Books, Puzzles, To-Dos [H] 11:00 ♠ Green Grower [AR] 2:00 ♠ Daily Packets, Books, Puzzles, To-Dos [H] 4:00 ♥ Walking Round the community, Social Distancing [AT]	9:30 Chair Exercise [AR] 10:00 Puzzle Table [MR] 11:30 Hallway Bingo (Second floor 233-261) [H] 2:30 Social Parade with all Staff [H] 2:45 Solstice Block Walk [AT] 3:00 Story of a Lifetime [AR] 4:00 Walking Round the community, Social Distancing [AT]	9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 11:30 ♥ Hallway Bingo (Second floor 204-216) [H] 2:00 ♥ Daily Trivia 3:00 ● Tech Support with VLD [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]	Linda S. Birthday 9:30 Chair Exercise [AR] 10:00 Puzzle Table [MR] 11:00 Daily Packets, Books, Puzzles, To-Dos [H] 2:00 Hallway Bingo (First floor 150-157,133-136) [H] 2:45 Solstice Block Walk [AT] 3:00 Tech Support with VLD [AR] 4:00 Walking Round the community, Social Distancing [AT]	9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 2:00 ♥ Hallway Bingo (First floor 101-132) [H] 3:00 ● Tech Support with VLD [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]	9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 11:00 ● Daily Packets, Books, Puzzles, To-Dos [H] 2:30 ★ Bible Verses [C] 3:00 ● One day Videos [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]
Father's Day 09:00 ★ Catholic Mass on TV (Channel 10) 11:00 ★ Bible Verses Drop off [H] 11:00 ◆ Daily Packets, Books, Puzzles, To-Dos [H] 1:00 ★ Poem Pass out [H] 2:45 ♥ Solstice Block Walk [AT]	Great call Device Check 9:30	Brandy Braendlein Birthday 9:30 ♥ Chair Exercise [AR] 10:00 ₱ Puzzle Table [MR] 11:30 ♥ Hallway Bingo (Second floor 233-261) [H] 2:30 馨 Social Parade with all Staff [H] 2:45 ♥ Solstice Block Walk [AT] 3:00 ♥ Vibrant Life Chat/Calendar Talk [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]	9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 11:00 ★ Communion with Pastor Peter Uwarow [C] 11:30 ♥ Hallway Bingo (Second floor 204-216) [H] 2:00 ♥ Daily Trivia 3:00 ● Tech Support with VLD [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]	9:30 Chair Exercise [AR] 25 10:00 Puzzle Table [MR] 11:00 Daily Packets, Books, Puzzles, To-Dos [H] 2:00 Hallway Bingo (First floor 150-157,133-136) [H] 2:45 Solstice Block Walk [AT] 3:00 Tech Support with VLD [AR] 4:00 Walking Round the community, Social Distancing [AT]	9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 2:00 ♥ Hallway Bingo (First floor 101-132) [H] 3:00 ● Tech Support with VLD [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]	9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 11:00 ● Daily Packets, Books, Puzzles, To-Dos [H] 2:30 ★ Bible Verses [C] 3:00 ● One day Videos [AR] 4:00 ♥ Walking Round the community, Social Distancing [AT]
Steven M. Birthday 09:00 ★ Catholic Mass on TV (Channel 10) 11:00 ★ Bible Verses Drop off [H] 11:00 ◆ Daily Packets, Books, Puzzles, To-Dos [H] 1:00 ★ Poem Pass out [H] 2:45 ♥ Solstice Block Walk [AT] 5:20 馨 Ambassador Dinner	Great call Device Check 9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 11:00 ● Daily Packets, Books, Puzzles, To-Dos [H] 11:00 ⑤ Green Grower [AR] 2:00 ● Daily Packets, Books, Puzzles, To-Dos [H] 4:00 ♥ Walking Round the community, Social Distancing [AT]	9:30 Chair Exercise [AR] 10:00 Puzzle Table [MR] 11:30 Hallway Bingo (Second floor 233-261) [H] 2:30 Social Parade with all Staff [H] 2:45 Solstice Block Walk [AT] 4:00 Walking Round the community, Social Distancing [AT]	20594 Bear Valley Rd. Apple Valley, CA 92308 760-247-1766	Location Keys Activities Room AR Atrium AT Chapel C Hallway H Media Room MR	Be Adventurous Be Challenged Be Connected Be Family ★ Be Inspired Be Well	