



September 2020 Solstice Senior Living at Apple Valley

Caturday

Friday

Friday	Saturday
PJs Day 4 Chair Exercise [F] Green Garden [AR] Puzzle Table [MR] Dinning Room Bingo [DR] Dinning Room Bingo [DR] Tech Support with VLD [AR] Social Distancing Walking [AT]	9:30 ♥ Chair Exercise [F] 5 10:00 ★ Green Garden [AR] 10:00 ₱ Puzzle Table [MR] 11:00 ● Daily Packets, Books, Puzzles, To-Dos [H] 2:30 ● One day Videos [AR] 3:00 ₱ Pool Pals [GR] 4:00 ♥ Social Distancing Walking [AT]
Super Hero Day11♥ Chair Exercise [F]☆ Green Garden [AR]♥ Puzzle Table [MR]♥ Dinning Room Bingo [DR]♥ Dinning Room Bingo [DR]♥ Tech Support with VLD [AR]♥ Social Distancing Walking [AT]	9:30 ♥ Chair Exercise [F] 10:00 ★ Green Garden [AR] 10:00 ₱ Puzzle Table [MR] 11:00 ● Daily Packets, Books, Puzzles, To-Dos [H] 2:30 ● One day Videos [AR] 3:00 ₱ Pool Pals [GR] 4:00 ♥ Social Distancing Walking [AT]
Fitness Day 18 Chair Exercise [F] Green Garden [AR] Puzzle Table [MR] Dinning Room Bingo [DR] Dinning Room Bingo [DR] Tech Support with VLD [AR] Social Distancing Walking [AT]	9:30 ♥ Chair Exercise [F] 10:00 ★ Green Garden [AR] 10:00 ₱ Puzzle Table [MR] 11:00 ₱ Daily Packets, Books, Puzzles, To-Dos [H] 2:30 ● One day Videos [AR] 3:00 ₱ Pool Pals [GR] 4:00 ♥ Social Distancing Walking [AT]
Beverly K. Birthday   25     Nerd Day   Chair Exercise [F]     Green Garden [AR]   Puzzle Table [MR]     Puzzle Table [MR]   Dinning Room Bingo [DR]     Dinning Room Bingo [DR]   Tech Support with VLD [AR]     Social Distancing Walking [AT]   Social Distancing Walking	Leola W. Birthday 9:30 ♥ Chair Exercise [F] 10:00 ★ Green Garden [AR] 10:00 ₱ Puzzle Table [MR] 11:00 ₱ Daily Packets, Books, Puzzles, To-Dos [H] 2:30 ● One day Videos [AR] 3:00 ₱ Pool Pals [GR] 4:00 ♥ Social Distancing Walking [AT]

Be Challenged
Be Connected
Be Family
Be Inspired
Be Well