Wibrant life

	BE VIBRANT. BE YOU.				Solstice Senior Living at Apple Valley		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
SOLSTICE SENIOR LIVING AT APPLE VALLEY	20594 Bear Valley Rd. Apple Valley, CA 92308 760-247-1766	9:30  Chair Exercise [AR] 10:00  Wii Bowling [AR] 11:30  weekly to-do packets [AR] 2:00  Cash Bingo! [AR] 3:00  Art and Craft [AR] 3:00  Golf [H] 4:00  Social Distancing Walking [AT] 6:30  Yahhooo 13 [AR]	9:30 Chair Exercise [AR] 10:00 Wii Bowling [AR] 11:30 Wweekly to-do packets [AR] 2:00 Bingo [AR] 3:00 One day Videos [AR] 3:30 Tech Support with VLD [AR] 4:00 Social Distancing Walking [AT]	9:30 Chair Exercise [AR] 10:00 Wii Bowling [AR] 11:00 Thankful Thursday (Donates and Coffee) [MR] 2:00 Cash Bingo! [AR] 3:00 Golf [H] 3:30 Tech Support with VLD [AR] 4:00 Social Distancing Walking [AT] 6:30 Yahhooo 13 [AR]	Green day  9:30	Carletta A. Birthday Dorotha M. Birthday  9:30 ♥ Chair Exercise [AR]  10:00 ★ Green Garden [AR]  10:00 ₱ Wii Bowling [AR]  2:00 ₱ Bingo [AR]  3:00 ఄ Golf [H]  4:00 ♥ Social Distancing Walking [AT]	
Joy W. Birthday  09:30 ★ church service with Pastor Tucker [AR]  10:00  Wii Bowling [AR]  11:00 ★ Bible Verses Drop off [H]  1:00 Puzzle Table [MR]  2:00 Hot Chocolate Sunday [AR]  3:00 Pool Pals [GR]  4:00 Social Distancing Walking [AT]  6:30 W Yahhooo 13 [AR]	Great call Device Check  9:30 ♥ Chair Exercise [AR]  10:00 ★ Green garden [AR]  10:00 ▶ Wii bowling [AR]  2:00 ▶ Bingo [AR]  3:00 ₩ weekly to-do packets  4:00 ♥ Social Distancing Walking [AT]	9:30  Chair Exercise [AR] 10:00  Wii Bowling [AR] 11:30  weekly to-do packets [AR] 2:00  Cash Bingo! [AR] 3:00  Art and Craft [AR] 3:00  Golf [H] 4:00  Social Distancing Walking [AT] 6:30  Yahhooo 13 [AR]	9:30 Chair Exercise [AR] 10:00 Wii Bowling [AR] 11:30 weekly to-do packets [AR] 2:00 Bingo [AR] 3:00 One day Videos [AR] 3:30 Tech Support with VLD [AR] 4:00 Social Distancing Walking [AT]	9:30 Chair Exercise [AR] 10:00 Wii Bowling [AR] 11:00 Thankful Thursday (Donates and Coffee) [MR] 2:00 Cash Bingo! [AR] 3:00 Golf [H] 3:30 Tech Support with VLD [AR] 4:00 Social Distancing Walking [AT] 6:30 Yahhooo 13 [AR]	White Day  9:30	9:30 ♥ Chair Exercise [AR]  10:00 ★ Green Garden [AR]  10:00 ▶ Wii Bowling [AR]  2:00 ▶ Bingo [AR]  3:00 ఄ Golf [H]  4:00 ♥ Social Distancing Walking [AT]	
09:30 ★ church service with Pastor Tucker [AR] 10:00  Wii Bowling [AR] 11:00 ★ Bible Verses Drop off [H] 1:00 ► Puzzle Table [MR] 2:00 ★ Hot Chocolate Sunday [AR] 3:00 ► Pool Pals [GR] 4:00 ➤ Social Distancing Walking [AT] 6:30 ★ Yahhooo 13 [AR]	Bernice R. Birthday Great call Device Check  9:30 ♥ Chair Exercise [AR]  10:00 ★ Green garden [AR]  10:00 ► Wii bowling [AR]  2:00 ► Bingo [AR]  3:00 ★ weekly to-do packets  4:00 ♥ Social Distancing Walking [AT]	9:30  Chair Exercise [AR] 10:00  Wii Bowling [AR] 11:30  weekly to-do packets [AR] 2:00  Cash Bingo! [AR] 3:00  Art and Craft [AR] 3:00  Golf [H] 4:00  Social Distancing Walking [AT] 6:30  Yahhooo 13 [AR]	9:30 Chair Exercise [AR] 10:00 Wii Bowling [AR] 11:30 weekly to-do packets [AR] 2:00 Bingo [AR] 3:00 One day Videos [AR] 3:30 Tech Support with VLD [AR] 4:00 Social Distancing Walking [AT]	Barbara A. Birthday Marion B. Birthday  9:30 ♥ Chair Exercise [AR] 10:00 ♥ Wii Bowling [AR] 11:00 ❤ Thankful Thursday (Donates and Coffee) [MR]  2:00 ♥ Cash Bingo! [AR]  3:00 ⓒ Golf [H]  3:30 ● Tech Support with VLD [AR]  4:00 ♥ Social Distancing Walking [AT]  6:30 ❤ Yahhooo 13 [AR]	Red Day 9:30  Chair Exercise [AR] 10:00  Green Garden [AR] 10:00  Wii Bowling [AR] 11:30  weekly to-do packets [AR] 2:00  Bingo [AR] 3:30  Tech Support with VLD [AR] 4:00  Social Distancing Walking [AT] 6:30  Yahhooo 13 [AR]	9:30 ♥ Chair Exercise [AR]  10:00 ★ Green Garden [AR]  10:00 ► Wii Bowling [AR]  2:00 ► Bingo [AR]  3:00 ⓒ Golf [H]  4:00 ♥ Social Distancing Walking [AT]	
Don K. Birthday  09:30 ★ church service with Pastor Tucker [AR]  10:00 ₩ Wii Bowling [AR]  11:00 ★ Bible Verses Drop off [H]  1:00 № Puzzle Table [MR]  2:00 ₩ Hot Chocolate Sunday [AR]  3:00 № Pool Pals [GR]  4:00 ❤ Social Distancing Walking [AT]  6:30 ₩ Yahhooo 13 [AR]	Great call Device Check  9:30 ♥ Chair Exercise [AR]  10:00 ★ Green garden [AR]  10:00 ► Wii bowling [AR]  2:00 ► Bingo [AR]  3:00 ❤ weekly to-do packets  4:00 ♥ Social Distancing Walking [AT]	Craig D. Birthday  9:30	9:30 Chair Exercise [AR] 10:00 Wii Bowling [AR] 11:30 weekly to-do packets [AR] 2:00 Bingo [AR] 3:00 One day Videos [AR] 3:30 Tech Support with VLD [AR] 4:00 Social Distancing Walking [AT]	Christmas Eve  Marj H. Birthday  9:30 ♥ Chair Exercise [AR] 10:00 ₱ Wii Bowling [AR]  11:00 ♥ Thankful Thursday (Donates and Coffee) [MR]  2:00 ₱ Cash Bingo! [AR]  3:00 ♠ Golf [H]  3:30 ● Tech Support with VLD [AR]  4:00 ♥ Social Distancing Walking [AT]  6:30 ♥ Yahhooo 13 [AR]	Christmas Day Ugly Christmas Sweaters 9:30 ♥ Chair Exercise [AR] 10:00 ★ Green Garden [AR] 10:00 ► Wii Bowling [AR] 11:30 ★ weekly to-do packets [AR] 2:00 ► Bingo [AR] 3:30 ► Tech Support with VLD [AR] 4:00 ♥ Social Distancing Walking [AT] 6:30 ★ Yahhooo 13 [AR]	9:30 ♥ Chair Exercise [AR]  10:00 ★ Green Garden [AR]  10:00 ▶ Wii Bowling [AR]  2:00 ▶ Bingo [AR]  3:00 ఄ Golf [H]  4:00 ♥ Social Distancing Walking [AT]	
09:30 ★ church service with Pastor Tucker [AR] 10:00 ► Wii Bowling [AR] 11:00 ★ Bible Verses Drop off [H] 1:00 ► Puzzle Table [MR] 2:00 ★ Hot Chocolate Sunday [AR] 3:00 ► Pool Pals [GR] 4:00 ➤ Social Distancing Walking [AT] 6:30 ★ Yahhooo 13 [AR]	Great call Device Check Shirley F. Birthday  9:30 ♥ Chair Exercise [AR]  10:00 ★ Green garden [AR]  10:00 ► Wii bowling [AR]  2:00 ► Bingo [AR]  3:00 ★ weekly to-do packets  4:00 ♥ Social Distancing Walking [AT]  5:20 ♣ Ambassador Dinner	9:30  Chair Exercise [AR] 10:00  Wii Bowling [AR] 11:30  weekly to-do packets [AR] 2:00  Cash Bingo! [AR] 3:00  Art and Craft [AR] 3:00  Golf [H] 4:00  Social Distancing Walking [AT] 6:30  Yahhooo 13 [AR]	9:30 Chair Exercise [AR] 10:00 Wii Bowling [AR] 11:30 Weekly to-do packets [AR] 2:00 Bingo [AR] 3:00 One day Videos [AR] 3:30 Tech Support with VLD [AR] 4:00 Social Distancing Walking [AT]	New Year's Eve  9:30	Location Keys Activities Room AR Atrium AT Game Room GR Hallway H Media Room MR	Be Adventurous  Be Challenged  Be Connected  Be Family  ★ Be Inspired  Be Social  Be Well	